

Southern Athletics League Match 4 – David Weir Leisure Centre

This was the fourth match, of what has been a very good season for our senior athletes so far. We hoped being at home would be an advantage to fill the card but despite this we were without some key squad members due to holidays and injuries. However, this match proved with some team work and juggling around we, were able to, go on and WIN the Match, a fantastic effort by all involved. This now puts us at 6th in the league. The best positioning in recent years and shows we have the capability to move further up the league if we can put out a full team.

Notable performances from our club which put them in the top 10 for the match were:

Nick Suchy Long Jump A 6.34
Kaylen Francis Long Jump B 6.31
Nile Cook Discus A 36.16
Sid Walters High Jump A 1.78
Lucy Hoad 100m A 12.45
Yasmin Henlon Triple Jump 10.52
Dominique Corradi 1500m A

Thank you so much to all our athletes who competed extra thanks to Alex and Adam who stepped up to run in the 4x100m as well as the 4x400m and also to the Sutton Runners who not only competed well but supported the whole team throughout the day. Finally, thanks to Sylvia for the extra throws despite an injury and to Tom & Colin for covering a number of extra events too.

A huge thank you to all at our club who hosted a well-run match and to Keith and Paul for their efforts in supplying the much need officials to run the match. Thank you to Maureen for scoring and to our officials too (especially Colin who competed too). Thank you to all the other clubs who also supported the match with officials as well and lastly thanks to all the parents and supporters who came along to cheer the athletes on.

Mandy Walters

Team Manager Southern Athletics League

Sutton & District AC