



South London
Athletics Network

U15/17/20 OPEN TRACK & FIELD MEETING

With Photo Finish

(provided by Don Anderson Belgrave Harriers)

TOOTING BEC ATHLETICS TRACK
TOOTING BEC ROAD, LONDON SW17 3NP

Sunday April 3rd 2016
Timetable

Track

12:00pm	300m Hurdles <u>(pre entries only)</u>	U17G
12.10pm	Sprint Hurdles	All Age Groups
12.35 pm	1500m & Wheelchair Races (T54 T53 T33 T34 T35)	All Age Groups
1.00 pm	100m & Wheelchair Races (T54 T53 T33 T34 T35)	All Age Groups
1.30 pm	300m	U17/U15G & U15B
1.45 pm	400m & Wheelchair Races (T54 T53 T33 T34 T35)	U20/U17B, U20W
2.10 pm	200m	All Age Groups
2.30 pm	1500m steeplechase	All Age Groups Boys (open for seniors?)
2.40 pm	1500m steeplechase	All Age Groups Girls (open for seniors?)
2.55 pm	4 x 100m relays	All Age Groups Girls
3.10 pm	4 x 100m relays	All Age Groups Boys

Field

1.00 pm	Javelin	Women & Men All Age Groups
1.00 pm	long jump	Men All Age Groups
1.00 pm	High Jump	Women All Age Groups
2.00 pm	Discus	Men and women All Age Groups
2.00 pm	long jump	Women All Age Groups
3.00 pm	Shot	Men & Women All Age Groups
2.20pm	High Jump	Men All Age Groups

ENTRIES ACCEPTED ON THE DAY £ 2.00 PER SLAN ATHLETE
& £ 5.00 PER NON SLAN Athlete.

NO Entries after 2pm No Exception

Under UK Athletics rules

For more detail's contact Ben Noad on ben@bennoadoaching.com
Tel: 07547 154 352 or Steve Bosley on 07721 555 68