

TIME	TRACK EVENT	FIELD EVENT	OFFICIALS (Match/Team)
11.00		Women's Hammer	1/1 Cambridge
11.30		Women's Long Jump	<del>2/1</del> E.Grinstead
11.55		Men's Hammer	2/2 Lewes&HH
12.00		<del>Women's Pole Vault</del>	<del>1/2</del>
		Women's Shot	2/4 Epsom&E
		Men's High Jump	2/3 S.London
12.15	Women's 400mH Men's 400mH		
12.35	Women's 800m Men's 800m		
12.50	Women's 100m Men's 100m	Women's Javelin	1/4 Kent AC
1.00		Men's Shot	1/3 Sutton
1.15		Men's Long Jump	1/1 Cambridge
1.25	Women's 400m Men's 400m		
1.40	Women's 3000m (1,3,5) <del>Women's 5000m (2,4)</del>		
1.45		Men's Javelin	2/3 S.London
2.00	Women's 100mH	<del>Men's Pole Vault</del>	<del>1/2</del>
2.15	Men's 5000m (1/3/5) <del>Men's 3000m (2/4)</del>	Men's & Women's Pole Vault	Kent AC
2.30		Women's Triple Jump	<del>4/4</del> E.Grinstead
2.45	Men's 110mH	Women's Discus	2/2 Lewes&HH
3.00	Women's 200m Men's 200m		
3.20	Women's 1500m Men's 1500m		
3.30		Women's High Jump	1/3 Sutton
		Men's Triple Jump	<del>2/1</del> E.Grinstead
3.40	<del>Men's 3000m S/c (2/4)</del> Men's 2000m S/c (1/3/5)	Men's Discus	2/4 Epsom&E
4.00	Women's 4x100m Relay Men's 4x100m Relay		
4.10	Women's 2000m S/c (1/3/5) (if adjustable barriers are available) <del>Women's 1500m S/c (2/4) (if adjustable barriers are available)</del>		
4.30	Women's 4x400m Relay Men's 4x400m Relay		