



# Trackside!

MEMBERS NEWSLETTER – DECEMBER 2016

## INTRODUCTION!

### Welcome to the **1st edition** of this Newsletter!

The purpose of this Newsletter is to 'share' the Club's news with all of our members therefore our "first ever 'notice" is that the Committee held its Annual General Meeting last month. Due to the weather, attendance was low however we hope that these numbers will increase. The names of the elected Committee members for 2016/7 are listed below and any further information can be found on the Club notice board.

We also held an informal parents' meeting, giving all those in attendance an opportunity to raise any concerns and/or suggestions directly to the Chairman, the summary of which will be circulated shortly. The next proposed meeting will be at the end of the Winter season. Should you have any points for the agenda, please let us know and we will address them at the next meeting - a reminder will be sent nearer the time.



### The Committee

## FIXTURES CALENDAR

Date	Age Group	Gender	Fixture	Location	Club/ Open/ Schools	Team Manager
3 <sup>rd</sup>	All ages	F	Surrey Cross Country League	Mitcham Common	Club	Maureen Hancock
4 <sup>th</sup> (tbc)	U11/13/15	M&F	Epsom Downs League	Epsom Downs	Club	
10 <sup>th</sup>	U13/15/17/20/SNRS	M&F	East Surrey League	Wimbledon Common	Club	Nick & Maureen Hancock
10 <sup>th</sup>		M&F	South East Athletics Assoc Inter-Counties	Oxford	Selection	
11 <sup>th</sup>	U11/13/15/17	M&F	Holly Run Cross Country	Priory Park Reigate	Open	
17 <sup>th</sup> /18th	All ages	M&F	Southern Indoor Combined Events	Lee Valley	Open	

**Please check with your coach(es) regarding the above fixtures.**

## ANNOUNCEMENTS

We plan to trial a "pop-up" GCSE Q&A centre for all our registered athletes run by our 'qualified' volunteers. So if you are confusing your Shakespeare with Shaw or Pythagoras with Pi (or are in the teaching profession and able to assist), please register your interest with the Editorial Team. Please note that these sessions will be held on training nights only and spaces limited to 15 minute slots. Dates will be confirmed nearer the time..

The new kit can be ordered via this link: [https://eclubshop.co.uk/index.php?route=product/category&path=33\\_109](https://eclubshop.co.uk/index.php?route=product/category&path=33_109). or for club vests only, see Paul Lockyer on training nights.

For anyone interested in training as a coaching assistant, please contact our Development Officer, Darren, on: [devofficer@suttondistrictac.co.uk](mailto:devofficer@suttondistrictac.co.uk). For further information: <http://www.londonathletics.org/black-five-day>.

If you know anyone who would be interested in joining Sutton please contact the Membership Secretary on: [membershipsuttondistrictac@gmail.com](mailto:membershipsuttondistrictac@gmail.com)

Registration has begun for our U13 Development Group! Training sessions are on Tuesdays & Thursdays, 6 - 7pm. So if there are any siblings/younger athletes who may be interested, please feel free to email William at: [chair@suttondistrictac.co.uk](mailto:chair@suttondistrictac.co.uk).

We will also be continuing with the [UKA 365 Programme](#) in the New Year where at each session the athletes will have the opportunity to experience multi-events such as Javelin, Shot put, Discus, High Jump, Long Jump as well as the Sprints. Please register your interest via email to William at: [chair@suttondistrictac.co.uk](mailto:chair@suttondistrictac.co.uk)!

## UNDER STARTERS' ORDERS!



For information regarding 2017 'key' fixtures (International/National/Domestic), see the [England Athletics](#) website.

For all results and profiles, see the [Power of 10](#) website.

## WINNING POST!

### CONGRATULATIONS to our 2016 Club Award Winners:

SNR Woman - Jade Ive

SNR Man - Nico Kirschstein-Smith

U20 Woman - Sophia Henlon

U20 Man - Sld Walters

U17 Woman - Olivia Stillman

U17 Man - Ricky Lutakome

U15 Girl - Olivia Chessell

U15 Boy - Rory Payn

U13 Boy - Jack Hoad

U13 Girl - Morgan-Taylor Wells

Chair's Award - Keely Elgar

and to all our athletes on their personal achievements last season. **WELL DONE EVERYONE!**

## PHOTO FINISH!



**Lorna Boothe**

Lorna is the former Chairperson and President of Sutton & District and is an Honorary Life Member having joined the club at 11 years old. Her achievements include winning the Commonwealth Games gold in the 100m hurdles in a new Games record and silver in the following games. She also competed at both the Montreal and Moscow Olympics. Following her retirement from the track, Lorna managed GB Athletics for 9 years, finishing her term in 2000 as Lead Team Manager at the Sydney Olympics. She has worked for the International Association of Athletics Federation (IAAF) and was a member of the team that formed the IAAF Academy and World Class Coaches Club. As a member of the English Sports Council Racial Equality Advisory group Lorna worked with the Commission for Racial Equality to set up the now thriving programme 'Sporting Equals'.

As well as coach for the England Sprints and Relay teams for the 2014 Commonwealth Games and GB Juniors since 2014 Lorna is on the England Athletics Regional Council for London with a portfolio for coaching and also on the European Athletics Coaches Association Council. It is obvious that Lorna still has a passion for competitive sports and remains dedicated to its development. Glad to have you onboard!

## THE 'CLUB HOUSE'

Do you have time to help at meetings? Maybe you have a skill that could help the Club in the future? Looking for work, recruiting for a vacancy or have a temporary/term-time work placement that could be filled by our older athletes? Maybe you are a qualified teacher who has some 'free' time to support our athletes during revision week next year or have a small business/service that you would like to promote on this Newsletter (for a small donation)?

If any of the above applies to you, please contact the Editorial Team quoting 'Club House' in the heading.

## THE "COMMITTED" COMMITTEE 2016/7!

Chairman: William Ofei-Kwatia  
Treasurer: Shaun Chessell  
Membership Secretary:  
**Vacant**  
Disability Officers:  
Miriam Hodgen & Hassan Hussain  
Social/Fundraising Officer:  
Wendy Forrester

Club Secretary Mandy Walters  
Development Officer: Darren Piper  
Welfare Officers:  
Miriam Hodgen & Hassan Hussain  
Ordinary Members:  
Sylvia Ofei-Kwatia & Steve Ive  
Athletes Representatives:  
Lauren Newman & Thomas Keenan

**Working for the Athletes!**

## SOCIAL/FUNDRAISING EVENTS

We applied for funding for an **Electronic Timing/EDM equipment** from **AVIVA**. With competition from over 4,000 organisations, we missed out on the shortlist but would like to say "**thank you**" to everyone who campaigned, and voted for the Club. But we're not beaten - will be re-lacing our spikes to try again next year! Go Sutton!

Please remember to use the club's <http://www.easyfundraising.org.uk/causes/suttondistrictac> link this Christmas as the more **you spend, we collect** so start shopping!

Do you have any **old spikes** in a sports bag that are **no longer worn or are too small** but in a '**good condition**'? Then why not drop them off on a training night in a clearly labelled bag (stating 'size' and 'suitability' e.g. Women, Mens etc) to be *recycled* at our newly established **Spikes Swap Shop!** All proceeds/donations received will go towards the Club - you never know, you may be helping another athlete find their feet!

"**Thanks**" to everyone who attended the **Bowling** evening last month! What a competitive bunch! Feel free to email the Editorial Team with suggestions quoting 'Events' in the heading. Hope to see you!

Finally, **last call** for volunteers this Saturday at **Asda, Sutton** for the Club's bagpacking fundraiser! If you are 'free' anytime between **10am – 5pm**, please email either the Editorial Team or Club Secretary **ASAP!** The More the Christmas Merrier!

Please feel free to forward any feedback and/or future submissions by the 25<sup>th</sup> to :

**Editorial Team:** [socialcommsuttondistrictac@gmail.com](mailto:socialcommsuttondistrictac@gmail.com)      [webmanagersuttondistrictac@gmail.com](mailto:webmanagersuttondistrictac@gmail.com)

Or visit the Club website: <http://suttondistrictac.co.uk/index.html> for more information

**Seasons Greetings to all our Club Members!**

